

NIÑOS›

Kids

RAISING HEALTHY, HAPPY LITTLE ONES



Knock, knock.
Who's there?
**Your favorite
junior comedian!**



LAUGH IT UP

Kids are able to appreciate humor as early as 2 months and start cracking jokes and getting laughs of their own from 1 year on, found a study that surveyed parents of children newborn to 4. It's a good thing too: Humor can boost everything from immune and heart health to mental well-being and creativity. So keep the comedy coming!

—DIANA AYDIN